

# NEWSLETTER

**VOL 1 ISSUE 9 SUMMER 2019**

## **SPORTS DAY 2019**

Our summer events kicked off in June this year with our action-packed annual sports day.

Residents and staff got in gear for a day full of everything from pitch and putt to sack races with a spot of fishing and bowling in between. Our competitive spirits came alive particularly in the basketball where residents were so determined to win for their team.



The hilarious tug of war between staff and management was a highlight especially with the fact that the staff of Mount Hybla won the cup back from senior management! Hurray!



The afternoon saw us in the “pond” right in the middle of reception where fishing for the chosen coloured ball was the aim of the game. Brian and Rhona got so competitive, a water splash battle took off creating hilarity amongst all the residents, staff and visitors



## **FAMILY FUN DAY**

**Our annual Family fun day certainly lifted our spirits.**



**We began the day anxious that the rain would go away! It lashed out of the heavens but to our delight the sun came out and Suzanne and Brian our activities staff flew out the door with the decorations. The garden came to life with colour and festivity.**



**We went with a street party theme with a big long table in the middle which allowed for a more social experience for the residents and families.**



**We were entertained on the day by a whacky musician dressed top to toe in Gold then, we were blown away by the amazing voice of Mark Walsh. His singing really made for a special afternoon.**



**Our face painter created some cute and also hilarious looks for the staff and kiddies on the day.**

Numerous butterflies and fairies and even a vibrant red Spider man were seen floating around the party.



The party carried on into the evening where a delicious BBQ was created by our chef Peter and the kitchen team. It was a welcome treat for all after a busy fun day in the sun!



## STAFF APPRECIATION CELEBRATION



**This year our staff have been working on projects to improve the experience of new staff working with us. It is important that we hold on to staff who come to work with us. High turnover of staff can cause anxiety to residents, families and staff. It is important to our residents that we hold on to our good staff because it helps them feel comfortable and secure.**

**In Mount Hybla, two teams got together to work on this project. The blue team was led by our CNM Natasha whose project was entitled “creating a culture of kindness”**



**and our green team was led by our CNM Ciara developed a “Buddy Team” for new staff.**

**There were staff from all departments on each team and**

**they worked hard to improve the experience and feeling of belonging for all new staff. Different activities carried out by the teams heightened staff awareness about the need to be kind and supportive of each other and in particular to new staff. There were bowling nights and afternoon tea days organised and enjoyed by staff. This all helped them to get to know and appreciate each other better.**

**Natasha’s team decided to hold a staff appreciation celebration to highlight the culture of kindness project work. The team got all staff to pick a name of another staff member out of a hat and write something they like about that person on a book mark. They also put a message “know you are appreciated” into a photo keyring.**



They then held an appreciation ceremony where staff were presented with their book mark and keyring.



To all our staff- know that you are appreciated!

