



Home Newsletter



Beechfield Manor
A BEECHFIELD NURSING HOME

Summer 2021

Welcome

Here at Beechfield, we strive to have an eventful and memorable summer this year. Our focus is to provide our residents with adequate care and activities catered to their liking. Our activities programme is as bright and lively as ever before, despite the challenges faced by Covid.

Sreeja Saseendran.

In this issue

Enjoying the sun

Hairdressing

Flower Arranging

Baking & Bingo

Party!!!



Enjoying the sun

With the wonderful sunny weather we have this year, we ensured to bring our residents outside for some sunshine, fresh air and ice cream! They love to party in the sun and dance with staff members to some music.



Hairdressing

Here at Beechfield, we understand the importance of beauty maintenance as it helps some of our residents feel beautiful. Our hairdresser, Jenny, looks after our residents hair needs while some of our talented staff look after nail care needs.



Flower Arranging

Our residents are very creative during our weekly flower arranging activities. They enjoy discussing and choosing between different colour and flower type combinations. Of course – we love to take photos with some flowers! This activity promotes a strong sense of teamwork and community among our residents, especially during these challenging times. We use all of their artistic flower arrangements all around the home.



BINGO!

Many of our residents adore playing bingo! All are welcome and our frequent comers are always excited to win some goodies. It provides a very important sense of independence and community for our residents.

Our Bingo Winners!

Our winners are praised and rewarded with medals. Our top floor residents dominate but now and then, we have a winner from another floor which creates a huge sense of pride!

Baking

We made a gorgeous custard pudding, with a biscuit base and topped with whipped cream and almonds – similar to a cheesecake!



Activities team seeks the assistance of residents to prepare baked goods for upcoming parties. We made rice krispies in preparation for our upcoming Hawaiian party!



Music Therapy

An activity we all love!



Music therapy is a very important aspect of life here at Beechfield. It allows our residents to reminisce and feel youthful once more through songs they grew up to. Musicians frequently come to the nursing home and play soothing music for the residents.

Some of our residents are talented musicians themselves! Patrick is a talented pianist and Tom is a well-recognised violin player and orchestra leader!



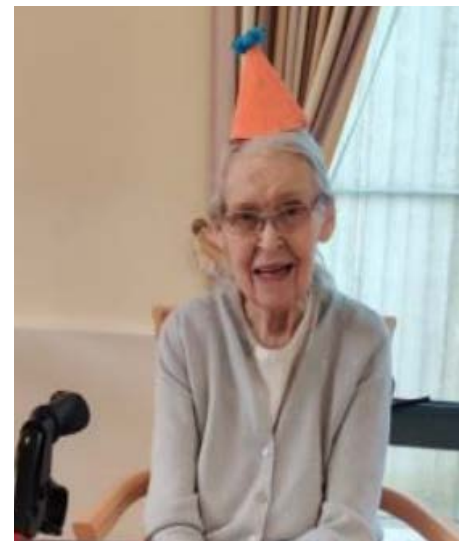
Birthday celebrations

COVID won't stop us having a party



Working alongside Covid 19 guidelines, we have been able to host many birthday parties for our residents. Families and friends, alongside staff were able to celebrate many milestone birthday parties this summer. It's truly heartwarming to see the looks on their faces.

It's party Time!!



On the 5th of May or Cinco de Mayo, we held a Mexican Party. We had some Mexican food, music and dancing. Everyone had a wonderful time. Any excuse to party this summer!

It was a wonderful opportunity for our residents to celebrate and enjoy different cultures from all over the world. Many of our residents learned new information about the importance of Cinco

de Mayo in Latino cultures. A perfect learning opportunity through full emersion.

Every summer, we host a BBQ party for our residents. It's a great time to enjoy the summer and each other's company. Our chef served burgers, sausages, chicken nuggets and many more BBQ delights. We also served wine and beer – a perfect pairing for a BBQ dinner.