



# Home Newsletter



**Beech Park**

A BEECHFIELD NURSING HOME

Summer 2021

## Welcome

Hello to all of our dear families, firstly I would like to thank you for all your continuous love and support towards us.

It is really nice to see you all again in Beechpark after having the difficult time of Covid.

Please see the variety of activities we have done for the past few weeks to keep our residents like busybees...

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# Sunny days!

To start summer our residents put on a beautiful art exhibition display for 2021. We have painted pictures, little grows, stone painting and also have handmade jewellery such as necklace, bracelet and rings. They are all displayed on a lovely open cupboard in the reception area for all to admire.

We enjoyed some home cookery, making beautiful scones and most of all enjoyed eating them for their tea.

We really enjoyed the beautiful summer sunshine and got great value out of our swingball and basketball net. They got great value out of our "Rings" also. The weather

was so good this year that the residents voted for outdoor dining at tea time, and we all stayed out until late in the evening and enjoyed the evening sunset.

Our residents were enthusiastic to bring their family members for a tour around our

beautiful court yard to admire all our beautiful flowers and shrubs during the warm summer evening and enjoyed a cup of tea and warm scone from the kitchen, peace and tranquility of the garden was like heaven.

We were busy with our flower arranging for our dining room tables and reception area during the difficult times of lock down. It brought a smile to our residents faces and they got such pleasure out of arranging the different colors and smells from the flowers.





# Activities & News

## **Mental well being is important!**

Who wants to be stressed??? Some of our residents had attended a session of "Minding your Mind " by an external Trainer in October which involves Biotherapy and Meditation which they really enjoyed and relaxed.

## **Staff recognition awards**

Ofcourse we need to recognise our Staff for their highly dedicated work in Beechpark. Our quarterly Recognition award winners are as follows:

**Most reliable staff-** Mariana Silvas (CNM)

**Most Helpful staff-** Oxana Katynska (HCA)

**Most Bubbly staff-** Michelle Gallaher(HOUSEHOLD SUPERVISER)

Also we recognised amazing "19 staff "who have their valuable service in Beechpark for over 5 years.. Isn't that great to have them all here??

Well done and Congratulations to all of you and keep up your Good work!!!





# Activities & News

## **Baby news!**

We are delighted to let you know that our Staff nurses Bibin and Dincy have a baby Boy in October. Congrats and God bless their beautiful family.

Also our staff Nurse Rovelyn and Activity Co ordinator Celina are eagerly waiting for their babies too... Congrats to all of you....



# Coffee shop outing

We had an outing in the coffee shop with some of our residents. We really had fun by enjoying lovely cup of coffee and yummy snacks!!!! We also admired the changes in Kildare town after the lockdown with some new café shops and beautiful seating areas in the square. We also had our take away with Chinese ,burgers, fish and chips .

Thank you again and keep safe and sound!!!!  
From all residents and staff from beechpark

