



Home Newsletter



Mount Hybla
A BEECHFIELD NURSING HOME

Spring 2021

Welcome

Firstly, a big hello from all the staff and residents here in Mount Hybla. As the Spring is upon us it is wonderful to see some facilities opening up and with the easing of restrictions soon we will have the pleasure of seeing you visiting your loved ones in Mount Hybla.

It is great to have already begun welcoming family members back in and hopefully we will have the pleasure of seeing more of you. We sincerely hope everyone is hopeful of a brighter 2021 ahead and the residents and staff both wish to extend our upmost warm wishes to all of those who have had to mourn the loss of a loved one during these difficult and unprecedented times.

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A massive thank you

A massive thank you to all of the family members and schools who have sent in care packages, letters and blessings from all over Ireland. They have been a huge boost during these unfortunate times and residents have greatly appreciated the thoughts from everyone involved.

We would be remiss were we not to mention the wonderful contributions of the TY students who read the book 'Brooklyn' with the residents throughout the months of January, February, March & April. It was a heart-warming story which didn't fail to stir up emotions among the residents and a lovely way for the residents to strengthen their links with the community.

On another lighter and happier note, the wonderful Shannet got married to her handsome husband in April and we are all sending our best wishes to the gorgeous newlyweds! Gigi has also gotten hitched and both couples are needless to say, madly in love. Miruna also welcomed a new member of her family into the world.

January saw a new hairdresser start at Mount Hybla and since her arrival Catherine has been responsible for lifting not only the spirits but also the fashionable looks donned by all residents who are now regulars in the salon.



Christmas and New Year

Christmas seems as if it was only yesterday and during the holiday season residents enjoyed a visit from Santa Claus, who adhered to all HSE Guidelines but still shone bright in his red suit. With hairdressers closed down, a particularly long beard. The residents also enjoyed the abundance of gifts which were won during a closely contested Christmas Bingo day. The gifts were sent in by the family members of residents as well as the public who really showed the innate generosity that this time of year brings out in all of us. Christmas also bought 2 new additions to the activities team in Mount Hybla. Conor and Joan have both been welcomed with open arms by both

the residents and staff and have brought their own unique and fun ideas to the team.

Our New Years Party was a hit with the residents enjoying evening drinks and music. Soon after, the seasonal Pantomimes found a home in Mount Hybla with Cinderella starring in a stellar cast of Hollywood's finest!

February was a time to recognize different cultures as the residents designed art and crafts to hang around Mount Hybla in order to commemorate the Chinese New Year, the Year of the Dragon.



Valentine's Day

Valentine's Day ,as always, played an essential part in the February activities calendar with the Kitchen pulling out all the stops and adorning cakes and treats with sweet love hearts and chocolate decorations.

For the sports fans every Ireland game of the Six Nations was shown in the units to ensure the boys in green had the full support of our residents!



St Patrick's Day

March saw the return of live music with Donal much to the relief of residents who finally had a chance to show off their dance moves in person.

Along with the welcome return of live gigs, St Patricks Day was a huge success with a pub night

and a selection of tasty snacks which had us all in the mood to celebrate. Irish music and live streams of the National Concert Hall shows permeated the halls and corridors and St Patrick himself would have enjoyed it.



Mother's Day

Mother's Day arrived soon after and an afternoon tea was organized so that we could celebrate all of the strong women in Mount Hybla. Gifts were exchanged and stories were told and a perfect evening was rounded off with a glass of bubbly!

With the warm weather drawing closer and the sun creeping up above the clouds, outdoor events and music have started to offer relief to the pandemic

driven isolated 'pods' residents have had to endure. Whenever the sun is out, the kitchen and staff whip up ice cream cones and mocktails accompanied by live music and stylish sun hats. Live music with Donal has been a treasured event since returning and all musicians performing have been fully vaccinated and are adhering to the necessary guidelines set by the HSE so that we can enjoy it to the fullest while also remaining completely safe.



April & Chocolate!

April began with celebrating the stations of the cross and was a heartfelt gathering to pay homage to the crucifixion of our lord. Mount Hybla then hosted its annual egg hunt with residents hunting hidden treats around the building. Chocolate played a big role in the month of April, with the return of Baking twice a week. From tarts to trifles, the residents rekindled their love for cooking and have made some absolutely delicious cakes which were shared

amongst the rest of the residents and staff (if there was any left, of course!). The BlueBonnet Bakers have made a name for themselves as the Kitchen staff now have fierce competition.

We've welcomed Father Dennis back to host mass for all residents every Wednesday. This is yet another pleasing return and has allowed us to get back to a slightly more normal weekly event