



# Home Newsletter



**St Gabriel's**

A BEECHFIELD NURSING HOME

Winter 2021

## Welcome

Despite of continuing COVID restrictions, the blue sky and sunshine have definitely brought enormous joy for all of us, we can definitely now hope for less restrictions and brighter life based on the statistics on COVID positive cases and vaccination roll-out program.

## In this issue

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Halloween fun

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Beechfield BBQ

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Birthday celebrations

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Halloween Celebrations



# Brighter times!

All our residents except one and all staff except two have been vaccinated for COVID, staff continue to receive COVID screen every fortnightly. All of those have provided us great protection from this virus, and have also enabled residents to enjoy more group activities and interactions from staff/ fellow residents, most importantly they can see their family again! Musicians from the mobile music have continued to play live music in our internal garden every 6-8 weeks. This Newsletter will share some moments of

laughter / joys of residents from occasions such as valentine' day, Mother's Day, St. Patrick's Day, Easter, birthdays and wedding anniversary etc.

A big thank you to you all for your tremendous understanding, support, and lovely letters/ sweets / presents, your appreciation and collaborations have helped us to successfully not only safeguard our residents and staff but also maintain their quality of life.



# To our families & friends..

Hello everyone and Welcome to our latest's edition of St Gabriel's Newsletter. We hope that you are all keeping well and safe during these challenging and unprecedented times both here and across the world.

We wanted to use this newsletter to bring a bit of positivity and keep you updated on how we are getting on here in St. Gabriels. We don't like the word isolation but the team here have tried to minimise the use of the word and working hard to make sure that we are following the guidelines recommended to us.

First of all the staff and residents of St Gabriel's nursing home would like to thank everyone for their continued support, love and compassion throughout these difficult past year that we have all experienced, and to those that grieve a loss of their loved one, we too grieve for you and with you. Thank you to everyone for all the cards, gifts, phone calls and messages of support from each and every one of you.



The activities team has seen a change in recent times and we welcome two members since you would have visited the Nursing home. Mihaela and Victoria are trying to bring a bit of fun and meaningful activities to residents along nurses and care staff.

We are just coming to the end of a year we surely will never forget. We understand it has been difficult on everyone especially to family's that have lost their loved ones. We are always thinking of you, you all in are thoughts and prayers. We are all being very positive in St Gabriel's and hope the new year brings good news and soon we can all to be back together as one big family in 2021.



# Activities back in full swing

Activities have been back in full swing and our residents have been enjoying the benefits of the return of activities.

The weekly activities schedule can be found on the notice board in the reception, the notice boards outside each of the sitting rooms, the notice board outside of the dining room & in the lift. Also, there is a copy of the weekly schedule is left in each resident's room.

- Birthday celebrations
- New pen pals
- Outdoor concerts
- Valentine's day art and craft
- Chinese New Year
- Gardening
- Prayer services

- Afternoon tea
- Netflix & chill
- Movie nights
- One to one therapy
- Aromatherapy and meditation

## **RESIDENTS MEETING**

We hold a residents meeting every two months and the feedback is amazing from our residents. We discussed food and dining experience, staffing, laundry services, hygiene, social care activities and freedom of choice. The residents requested fruit salad, pizza and pancakes which our Chef Natasha kindly provided. Also residents requested movie afternoon and activities team provided an afternoon each week with residents' choice of movie. Regarding the other topics residents were very pleased with the service and they had nothing



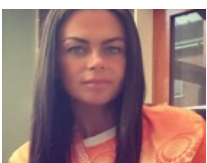
# Good News



We would like to congratulate Sangeeta on her promotion from a healthcare assistant to a senior healthcare assistant, we are all so happy for you, you deserve it, congratulations Sangeeta



We would also like to congratulate Andrea on her promotion to senior healthcare assistant, truly deserved, well done girl



Congratulations to our activity coordinator Victoria for running a 100 miles in February for charity, what a great achievement.

## **RECENT CELEBRATION**

We love a celebration here in St Gabriel's and we sure do make the most of every special occasion, resident participated in helping decorate St Gabriel's for Valentine's Day. We also welcomed the Mobile Band that came to sing for residents in the court yard. Here are some pictures of some of the fun we have had with our latest celebrations.

Anne Tiernan (91), Ann Hogan (86), Gerard McCreary (87), John Noel Merrigan (84), Teresa Murphy (90), Bridget Haskin (86), James Cummins (79), Andrew Murray (90), James Kirby (86), Patrick Redmond (87), Dolores Moran (78), Felim McMahon (78), James Dunne (96), Patricia Armstrong (75)

This month Andrew and his wife Phil celebrated their wedding anniversary and renewed their love for one another with a blessing of the priest, true love never dies



## Other news

We are delighted to “show off” this wonderful display completed by some of our very talented residents during our flower arranging class.

### **SURPRISE VISIT FROM THE EASTER BUNNY**

With Easter eggs for staff and residents, what a great day.

### **COVID CARE CONCERTS DUBLIN CITY**

Residents loved this activity, it was wonderful to have such great music lifting all our spirits moments with live music and performance everyone both staff and residents highly loved it. You are truly amazing and we would love to have you back as soon as possible.



# We are all in this together

## Vaccination

Like everyone else we here at St Gabriel's nursing home were waiting for the vaccine and we really feel like there is bit of hope to get our life's back and be able to see family and friends. After a long year staff and residents received the vaccine and feels like a huge relive. We still must follow the HSE guidelines regarding cough and sneeze etiquette, hand wash and wearing mask.

Vaccine day in St Gabriel's was a fun day, the love and support staff and residents gave to one another, the atmosphere was beautiful the love that was felt on



this day was a feeling we all will remember, we are a family and all so proud of everyone, also not to mention the delicious donuts and croissants we received before and after vaccines they sure went down a treat