



Home Newsletter



Spring 2021

Welcome

We would like to welcome you to our Beechfield Manor 2021 Spring Newsletter!!!

As you can see the warmer, nicer weather is very much welcomed by all here at Beechfield. Moods have been lifted with sunny days. We are able to enjoy our patio and go for walks again.

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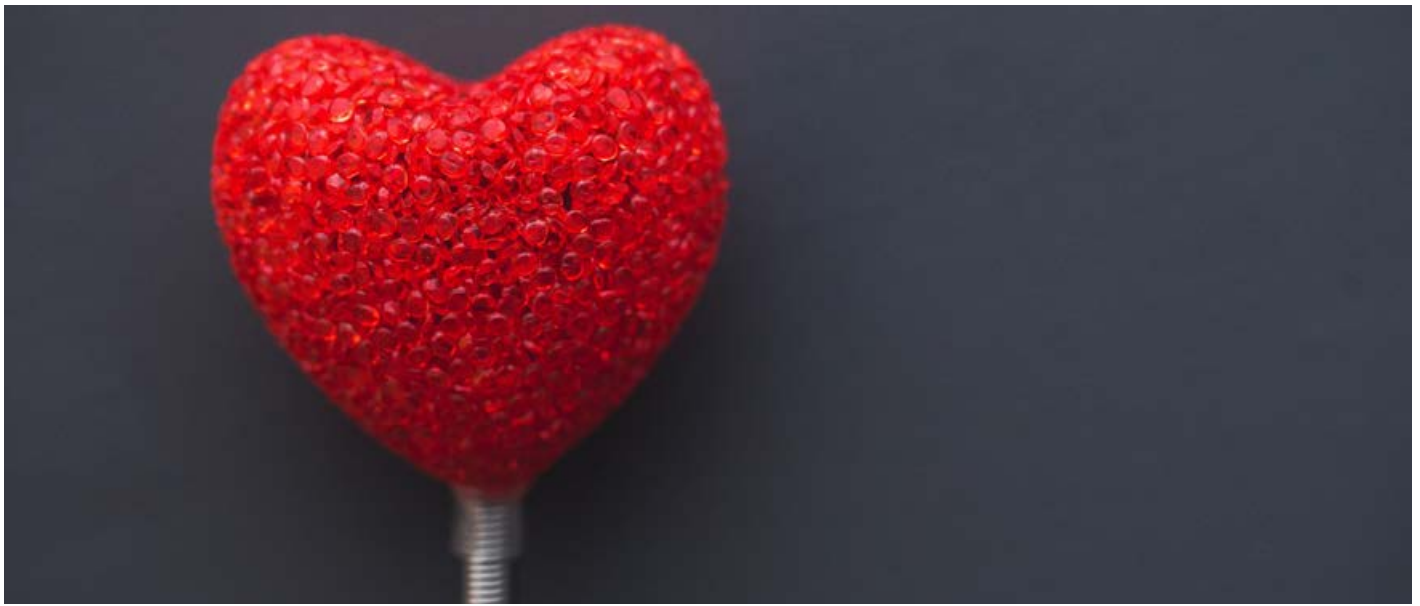
Rugby six Nations

As good Irish supporters of the Rugby (Six Nations) we must put up our flags and celebrate by cheering our team on when there is a match on.



Morning routine

Daily we do our morning room visits, such as orientation program, newspaper reading and discussions. These activities help us to keep residents updated with current affairs and connect with them!



St. Valentine's Day

Our semi-professional dancer delighted staff and our residents with his dancing and showing off his good moves. Moreover, he created a wonderful atmosphere in the party. T*** (the resident) wanted to dance to all the songs without stopping. He still has a lot of energy to do it. He said "Dancing is life and it makes me feel alive!"



St. Valentine's Day CONTINUED

Music, dance, tea, nice wine and some surprises were all around us throughout this beautiful day.



Flower arranging

It is one of the most popular activities at the Nursing Home. Our residents find it relaxing and entertaining using flowers as part of the activity program. After, we use the flower arrangements to decorate the house with their creations.



Birthdays!

One of our residents had a very special birthday because she turned 90 years old!! We had a modest but warm birthday celebration for her. She had a window visit with friends and family for the special occasion.



Birthdays! CONTINUED

One of our dear residents turned 101 and we organized a little party in order to involve her family and others. By the time she was supposed to blow out the candles, she was laughing and singing so she never got to blow them out.



Movies & Art's and Crafts

On Sunday's we make a cinema room on each floor with popcorn, tea, sweets and a lot of chocolate.





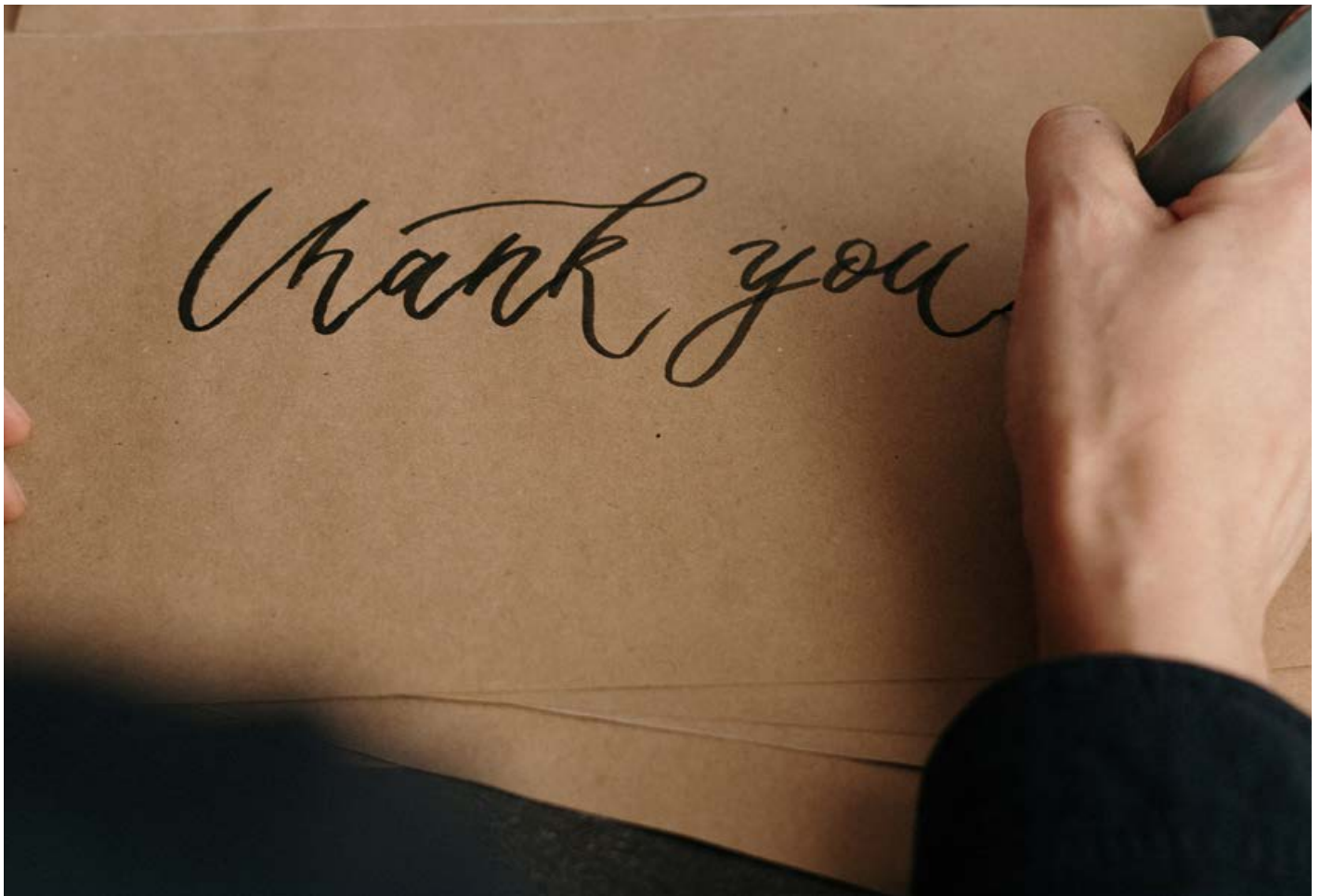
Outdoor walk

Wellbeing means a lot to us. Walk's outdoors are fundamental to keep our mind and body in balance. Getting some VITAMIN D!!!

The spring is coming and the body knows It's time to go outside. Walks, teas, gardening and some more events are starting to be planned on the patio. We are happy to share some pictures of the great moments that have occurred.

Family's visits & Baking





Thank you

We would like to thank you for your patience and kindness over these past few hard months. We wish you a very lovely spring and we will see you all of you very soon at Beechfield Manor Nursing Home.
