



Home Newsletter



Mount Hybla

A BEECHFIELD NURSING HOME

Winter 2021

Welcome

A big hello from all of us here in Mount Hybla. We are missing all your lovely faces and your company, the home is lonesome for you and I'm sure you are for your loved one.

A big thank you to all the people, especially children from local schools for the many gifts, letters and cards sent to us, Residents are really enjoying reading them.

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Latest from us

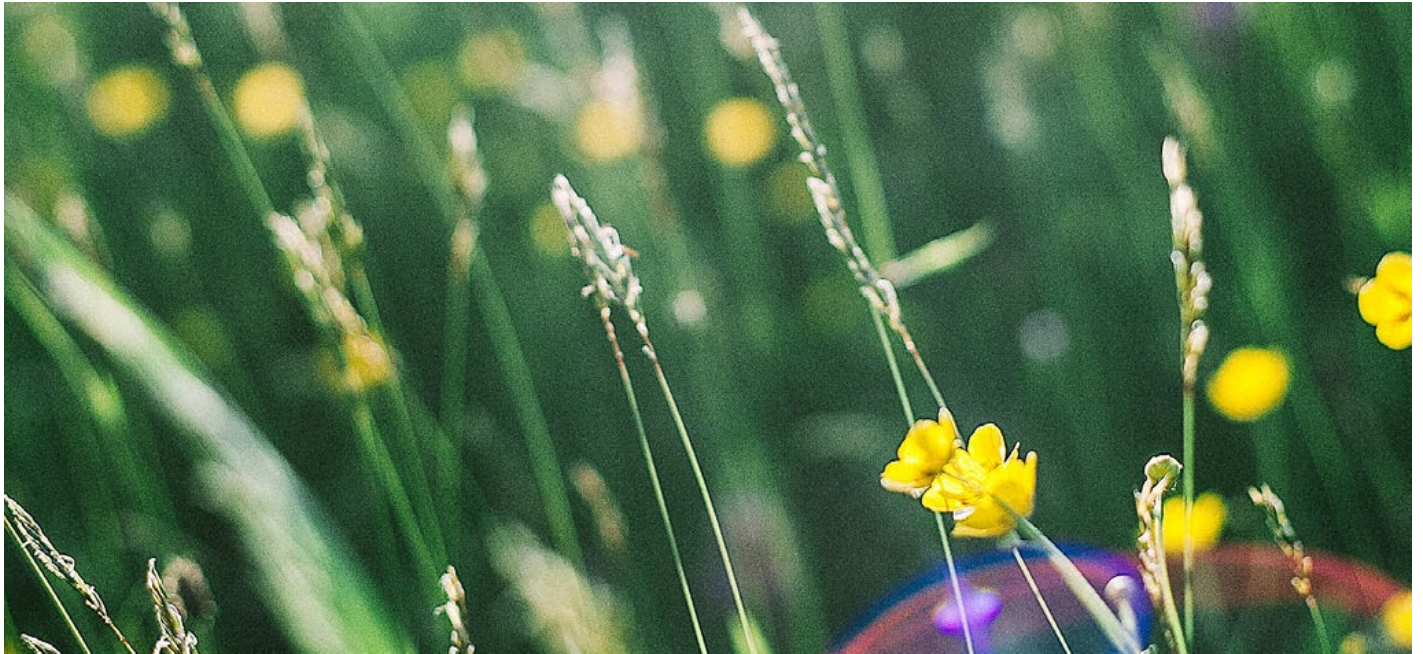


A little updated M.H. gossip. Bimi is the mother of a bouncing baby boy. Sharanya got married in September. CNM Ciara and staff nurse Lijiya have returned from maternity leave. And there are a few expected visits from the stork to staff members in the near future . CNM Anna has completed her post grad

in wound management. Terri from front of house is studying office administration and technologies at the moment.

This year has continued to throw curve balls as you know but with all of us pulling together we have managed to enjoy the summer /Autumn with a little imagination and a whole lot of enthusiasm from Residents.

Unfortunately due to Covid 19 restrictions most of our planned summer schedule had to be cancelled. But with consultation with Residents and staff we have managed to continue to have fun with our monthly events and a daily group activity for each unit.



Summer activities

Great weather

When the weather was good we had lots of outdoor music sessions and sing a longs with Conal, Donal and Mark. They entertained us in the garden and courtyards, managing to socially distance themselves from Residents and staff. They also managed to make wearing PPE rock and roll!!

Quiz Competition

As Residents were mostly socialising with others from their own units, we held a quiz competition between each of the 4 units. We held a round each Saturday in May with a celebration for the winning unit on Wednesday 27th with prizes, music and goodies in the garden.

Strawberries and Cream

May and June brought beautiful weather and we spent many days enjoying strawberries and cream, cocktails and mocktails and of course Ice-cream in the outdoors including a party or two. When the weather allowed we had our scheduled activities

outside, so exercise, bookclub, Sonas, quizzes, Imagination Gym, gardening and flower arranging often took place in the sun.

Mount Hybla BBQ

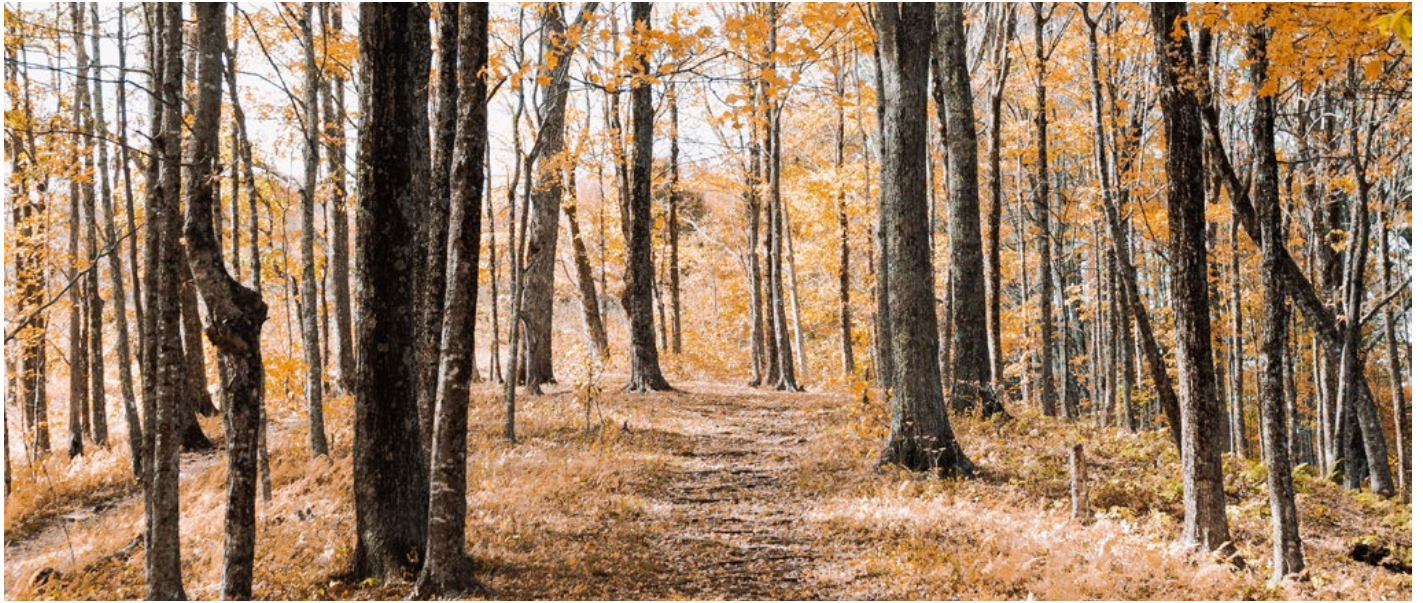
We held our annual Mount Hybla BBQ in July. As usual Peter our chef cooked up a storm and we had live music with Donal Brannigan and Mark Walshe in the garden.

Mass

In July and August we were again able to celebrate Mass with Fr John for a few weeks.

World Photography Day

We held our August event on World Photography Day, some Residents had their photos taken for an art project which is on display in the home. This was followed by an afternoon tea with the "good china". Some of the staff brought in baby photos and there was great fun with Residents trying to guess "who the baby was".



Autumn activities



Positive Ageing Week

Due to restrictions our September event was postponed but we held two events in October. The first was Positive Ageing week. Again we created an art project with Residents writing their positive ageing comments on paper leaves that together formed a positive ageing tree picture. Residents got together in small groups and enjoyed reminiscing about changing times over a glass or two of prosecco.

Halloween parties

Due to social distancing the activity team organised two Halloween parties, one was held on Friday 30th for the Residents on the ground floor and the second on Saturday 31st for Residents on the first floor. Many Residents enjoyed wearing fancy dress and of course

The Activity team dressed to surprise! Residents enjoyed trick or treat goodie bags and a drink or two. Donal provided great music and entertained everyone.

Remembrance Service

In November we held our Remembrance Service. At this time we were in a lockdown and restricted from having visitors into the home. A lot of Family members that lost a loved one in 2019/2020 joined us through ZOOM from far and wide. Veronica acknowledged how particularly difficult this year has been to those who lost a loved one.

We wish you all a happy, healthy and peaceful Christmas and a brighter New Year.