

March 2020

Dear families, friends and visitors to the residents of our Nursing Homes,

I would like to take this opportunity to thank you all for your cooperation with the restrictions that we have had to apply to visiting residents in our Nursing Homes due to the COVID 19 pandemic.

We are acutely aware how the restriction of visiting your loved one in our Nursing Homes at the present time may be causing you anxiety and how much you miss being able to visit them in person.

On behalf of the management team, the Directors of Nursing and the staff, I would like to reassure you that we are caring for your family member as we would our family, our activity teams are working hard with innovative entertainment programmes and we have in the last week put in place a Skype facility in each Nursing Home for our residents to be able to connect with you albeit in a different way.

Below please find an update on activities going on and a message from Mount Hybla staff for you.

Again, many thanks for your cooperation, to you and yours our thoughts are with you, stay safe,

Kind regards,

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Mount Hybla Private – Activities Update

- Air hockey tournament took place with residents and staff W/C 9th of March
- Mass with Fr John on Sunday the 15th of March
- Daily walks with residents in the sensory garden taking place.
- Imagination gym in Lavender took place on Sat 14th and Sunday 15th.
- Music by Conal Larkin took place on Wednesday the 11th and Saturday the 14th of March.
- As an alternative to SIEL BLUE the activity team is now facilitating Monday afternoon keep fit class.
- St Patricks day celebration- Celebrations commenced with watching live Mass on TV, afternoon was spent with Activity coordinator Rhona watching previous year's parade on the BIG SCREEN, there was plenty of drinks and goodies at hand for all to try.
- SKYPE/ Screen time with families most families have availed of this service, if you haven't signed up it's not too late just call Activity team or reception.
- International women's day Sunday the 8th of March- Resident Colm Lindsey shared a flower with all the ladies in the house.
- Baking with Marilyn on Friday the 13th of March- Marilyn made homemade brown bread with jam, it was delicious!
- Board games- Suzanne purchased extra board games for residents to avail off.
- Painting the house- Maintenance Sean has been busy painting the main reception so that it's all freshened up for your arrival.

Everyone in Mount Hybla staff and residents want to say a BIG hello to all our amazing families we miss you and hope to see you all very soon.

Stay safe from all at Mount Hybla!